

CARVEL CLUB

NEWSLETTER

Employee Spotlight:

Get to know the new Manager of the Club

Name: Grant Sellmer
Sobriety date: 12/9/2014
Home group: Fanatics Saturday 6am Carvel Club

What is your favorite memory from the Carvel Club?

The green tree in the downstairs meeting room. I think of it as the Tree of life, the tree was brought to the club when Bob and Iris Byrne moved to Indianapolis from Long Island, NY in 1971. Iris got sober in 1964 and she was my mother's sponsor. I remember Iris from when I was 4 years old and my mother trying to stay sober and keep up with myself and my brother. There is an inscription on the bottom of the tree from Iris. Lol...be gentle with the tree if you turn it over to read it. The Tree is old. But do read it, it has amazing energy. Iris was a sweet lady and helped many people find their way to sobriety. I used to call her "Mother Teresa" and she would smack me on the back of the head.

What is your favorite item to order at the cafe upstairs?

Cheeseburger and French Fries.
 (Charlie makes the best fries)

How do you carry the message?

I try to live a life of sobriety and practice these principles the best that I can. Action, less talk, more do.

What is a funny or unique fact about yourself?

I listen to Elvis constantly.

What is something you always share with a newcomer?

Keep coming back, this takes physical effort, speak what is in your soul not what you think people want to hear.



Up Coming Events

14th Annual Doug Barry Carvel Club Golf Outing

- 4 Person Team Scramble
- Closest to the Pin(s)
- Putting Contest

Where: Golf Club of Indiana
 6905 S 525 E, Lebanon, IN 46052

When: Thursday August 3rd, 2023

Time: Tee Off 12:00 Noon

Registration: 11:00am

\$95 per golfer - includes green fees, cart, range balls and lunch.

Primary Purpose Day

Hosted by District 24

- AA Speaker
- Alanon Speaker
- Food

Where: The Carvel Club

When: Saturday September 23rd, 2023

Time: 1pm-4pm

Service Workshop Panel

Hosted by District 24

Explore the role of service work in your sobriety!

Where: The Carvel Club

When: Saturday October 14th, 2023

Time: 1:30pm-3:30pm

Pizza from Puccini's will be provided!

If we are facing in the right direction, all we have to do is keep on walking. -Zen Proverb